**FACE TO FACE MULTIDISCLIPLINARY EVALUATION (FTF)**

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| --- | --- | --- | --- | --- | --- | --- |
| **Patient Name:** |  | **DOB:** |  |  |  |  |
| **Height:** |  | **Weight:** |  | **BMI:** |  |  |

Multi-disciplinary evaluation includes face to face consultations and supervised monitoring and review.

The following information was additionally provided to the patient:

**\_\_\_\_\_** Counseled patient on the benefits of a multi-disciplinary program and to continue in the program

using the specific nutritional and behavioral modification suggestions provided.

**\_\_\_\_\_** Counseled patient as to the benefits of a consistent exercise regimen. Discussed specific exercises suitable for the patient and encouraged continuance with the exercise regimen to improve pulmonary

 reserve prior to surgery.

**\_\_\_\_\_\_** Counseled patient as to the benefits of a reduced calorie, heart healthy diet to include low fat,

low sodium, low cholesterol foods as well as limitation of simple sugars including calorie containing

beverages and alcohol.

**OTHER RECOMMENDATIONS/COUNSELING:**

The patient was provided with pre-op and post-op oral and written diet education. The patient

verbalized understanding of the information that was provided. Anticipate good compliance.

In addition to the face to face meetings/consultations, continuous and contemporaneous monitoring for verification of understanding and compliance will be continued. The patient was advised that lifelong

changes in behavior, including adherence to a healthy diet and exercise regimen, will allow for optimal

success.

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 Dietitian Signature Physician Signature

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 Date Date